



### SIGNALS SAMPLES:

**1 = DOWN PITCH** (*either a drop or a low fastball if pitcher doesn't have a drop*)

**2 = UP PITCH** (*either a riseball or a high fastball if pitcher doesn't have a rise*)

**3 = CURVE PITCH**

**FIST = CHANGEUP**

### GIVING SIGNALS:

**Make them simple**

**Make them easily visible by the pitcher**  
(*spread the fingers wide versus bunching them up*)

**Make them the same for all of your pitchers**

**Give them deep in your crotch**

**Block the 3<sup>rd</sup> base coach from seeing them with your glove**

**Don't let your fingers get lower than your leg** (*like Stacey is to the left*) – *otherwise the other team can see them below your legs*

### GIVING LOCATIONS:

**After the pitch signal, show the location with the hand** (*outside or inside*)

**Move your glove and body into the pitch location as late as possible allowing time for you to get set and balanced in case the pitch is nowhere close to where you want it. The more advanced you are the later you can wait before moving into position – but better early than late.**



